



cleveland rowing foundation

Description:	Cleveland Rowing Foundation (CRF) is a non-profit 501(c)(3) organization established in 1995 to further the growth of rowing in the Greater Cleveland.
Boathouse:	1948 Carter Road Cleveland, Ohio 44113
Youth and Educational Outreach Programs:	<p>Under the Cleveland Rowing Foundation umbrella, many high school crew programs -- including those of St. Ignatius, Shaker Heights, Beaumont, Bay Village, Magnificat, Padua Franciscan and Hathaway Brown High Schools -- are generating both male and female rowers who are securing college scholarships at universities across the US.</p> <p>Offering the only rowing facility in the area, the Cleveland Rowing Foundation also supports a number of universities and colleges in the region with students from Case Western Reserve University, Cleveland State University, John Carroll University and Baldwin Wallace College.</p> <p>At present these youth teams involve nearly 180 rowers.</p>
Civic Outreach Programs:	<p>The CRF is also actively involved with many public outreach programs including Rowing for the Visually Impaired, Row for the Cure, re-establishing The City Crew for inner city youths, and participating in local events that pertain to the environmental upkeep of the Cuyahoga River such as Riversweep.</p> <p>In addition, the Cleveland Rowing Foundation offers the second largest learn-to-row program in the country through one of its member organizations, the Western Reserve Rowing Association (WRRRA). The Summer Rowing League (SRL) is an adult rowing program for both experienced and novice rowers.</p> <p>WRRRA has more than 700 adults rowing in competitive, recreational and summer rowing programs.</p>
Events:	Each September Cleveland Rowing Foundation hosts the Head of the Cuyahoga Regatta (HOT C) in the Flats region of the Cuyahoga River. The event is gaining in stature as one of the premier regattas held in the Midwest and attracts teams from across the region at all levels: high school, collegiate, adult, recreational and masters.
Committee:	<p>Mark Silverstein, President Robert Valerian, Vice President/Executive Director Karen Vargo, Secretary Jeff Jensen, Treasurer</p>
Board Members:	Charles E. Adams, Phil O'Bryon, Douglas Carlson, Mary Jo Cotner, Russ Eckles, Drew Forhan, Werner Minshall, Robert Valerian, Dave Werner, JoAnn White.

2/2/2005

**For more information about the Cleveland Rowing Foundation
 please visit www.clevelandrows.org.**



Cleveland Rowing Foundation Cleveland Corporate Rows 2005 Information Sheet

Why Start A Corporate Rowing League?

Cleveland has a highly valuable resource in the Cuyahoga River. Many cities of our size and sophistication have maximized their use of the waterfront, where Cleveland has left theirs virtually untapped. With all of the energy around revitalizing the Flats district, one way to productively get people back to the area is by rowing. Bringing this area back the “destination quality” it held a decade ago is imperative to the future growth of Cleveland’s economy. Partnering the Corporate Community with inner-city schools to foster a rowing program seems to marry two positive influences and returns three-fold the ancillary benefit. The direct support of dollars, coupled with the indirect effect of mentoring and re-commitment to the community, is just what Cleveland needs!

Why Join a Corporate Rowing League?

To Laugh, Row & Support Cleveland High School Rowing! More specifically, to institute a Corporate Rowing League in conjunction with the Cleveland Rowing Foundation in the Summer of 2005. The intent of the “Cleveland Corporate Rows” initiative is to engage novice and experienced rowers and facilitate their rowing on behalf of their companies. Companies large and small will be encouraged to “take up oars” and compete in an August Race Day to raise dollars to support a Rowing League for Cleveland High School-aged individuals.

What Do I Need To Know to Decide?

- Each Corporate team consists of 14 members. Two teams of 7 may join to form a complete team. There will be both an expert & novice division.
- Fees will be \$1610 per complete team (\$805 per ½ team) and that will include 1 “Learn to Row” session, 4 practice Sessions, the Race Day and a tee shirt. **Fees are due by May 15, 2005.**
- Rowing will begin in late June and end in Mid-August.
 - There will be (2) “Learn To Row classes (June 25th & July 9th).
 - There will be (4) practice sessions per team between July 10th & July 31st.
- RACE DAY 2005 will be August 6th.

OK, I Am In, Now What?

In this information you will find a sign-up form. Please indicate what company you will be rowing for and how many rowers you have on the team. We will match half teams together. Please indicate a “captain” or contact person. We will use this name for future communications.

Who Can I Call To Ask Questions?

Please email Mark Silverstein at Mark@clevelandrows.org or call: home: 216.281.4937, work: 440.808.2288, or cell: 440.463.4487.



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Corporate Rowing League
Cleveland Rowing Foundation
2005 Season Registration Form
Forms & Payment due by May 15, 2005

Name:		
Street Address:		
City/State/Zip:		
Home Phone:		Home Email:
Birthdate (ex: 01/01/2005):	Gender: ___ Male ___ Female	T-Shirt Size: ___ Medium ___ Large ___ X-Large

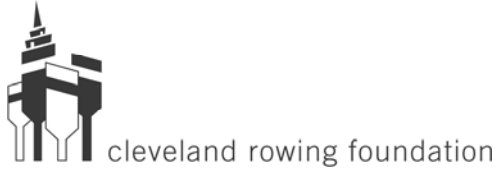
Employer Name:	
Employer's Street Address:	
Employer's City/State/Zip:	
Work Phone:	Work Email:

(If registering with a Team) Name of Corporate Team:	(If registering with a Team) Name of Corporate Team Captain:
I prefer to register as an Individual (without a Team affiliation): ___ Individual	
Describe Past Rowing Experience:	
Practice Session preference (please mark 1 st & 2 nd choices): ___ Saturday (10am-12pm) ___ Saturday (1pm-3pm) ___ Sunday (10am-12pm) ___ Sunday (1pm-3pm)	

Signature _____ Date _____

Please complete both this **Registration Form** and the attached **Waiver**, and mailed with a **Check** (*made payable to CLEVELAND ROWING FOUNDATION*) for \$115 per person (or \$805 for ½ Team, \$1610 for whole Team) by May 15, 2005. Please send to: Corporate Rowing League, c/o Cleveland Rowing Foundation, 1948 Carter Road, Cleveland, OH 44113.

Thank you for your participation!



ROWING WAIVER AND AFFIRMATION OF SWIMMING ABILITY

1. IN CONSIDERATION of being given the opportunity to participate in any Western Reserve Rowing Association/ Cleveland Rowing Foundation ("Club") activities ("Activity") until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin: ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I also affirm that I have the ability to swim 100 yards and thereafter to tread water for 4 minutes.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____ Date: _____

Address: _____ Phone: _____

Signature (only if age 18 or over) _____

PARENTAL CONSENT AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian: _____ Date: _____

Address: _____ Phone: _____

Parent/Guardian Signature (only if age 18 or over) _____