CLEVELAND ROWING FOUNDATION
CQL-TRAINEE ON-WATER PRACTICAL

Applicant Name: _____ Date: _____

INSTRUCTIONS

The On-Water Practical tests a CQL-Trainee applicant's proficiency in applying the SaM and other applicable rules and regulations to real-life situations. It is administered after the applicant has passed the CQL-Trainee written safety test. Only a CRF Senior CQL (regardless of Member Organization affiliation) may proctor the On-Water Practical.

The On-Water Practical requires the applicant to complete a minimum of two on-water sessions with the proctor: a Training Session and a Testing Session. It is within the proctor's discretion to require the applicant to complete more than two on-water sessions before affirming that the applicant has passed.

During the Training Session, the proctor and applicant collaborate in completing the On-Water Practical. The proctor may assist the applicant and, for example, demonstrate proper execution of a skill (e.g. instructing a shell how to spin). Dialogue is encouraged. The proctor completes this form during the applicant's training, and it must be submitted to the CRF Safety Chair or Executive Director.

In the subsequent Testing Session, the applicant is evaluated on his/her ability to complete the On-Water Practical without the proctor's assistance. During the Testing Session, the proctor must not prompt the applicant, and must limit all interference with the applicant's performance. If, however, the proctor determines at any time that the applicant's conduct puts any person in imminent danger, and the proctor determines that the applicant is unable to manage the situation, the proctor must intervene. The proctor completes a second copy of form during the applicant's testing, and it must be submitted to the CRF Safety Chair or Executive Director.

1. COACH AND LAUNCH PREPARATION

A. Coach Preparation

Evaluate whether the applicant has brought all the required equipment to the launch:

	Brought	Did Not Bring	(Notes)
Marine radio (check for charge and working)			
Cell phone (working)			
Megaphone			
PFD (and how to deploy it and confirm all launch passengers have one)			
Fuel (where to get it & locks fuel shed)			

B. Launch/Shell Preparation

Ask the applicant to tell you the list of required equipment that remains on the launch and the shell. Ask him/her to identify that equipment to you.

	Identified	Did Not Identify	(Notes)
PFD bags (emergency and working)			
Bailer			
Paddle			
Orange safety box			
Fire extinguisher (and how to use it)			
Lights (on launch)			
Lights (check shell)			
Cox box (check for charge and working			

2. LAUNCH DRIVING

Item	Performance		(Notes)
	Satisfactory	Unsatisfactory	
Attaches engine kill switch to clothing			
Starts launch			
Maintains safe distance from crew			
Throttles down when appropriate			

Controls launch while idling			
Restarts launch on the water (understands different types of engines)			
Parks launch in correct area & ties up properly			

3. RADIO CALLS

Item	Performance		(Notes)
	Satisfactory	Unsatisfactory	
Understands basic operation of radio			
Understands when to make radio calls (and when not to)			
Makes a radio call			
Identifies 4 channels from the SaM and their uses			

4. COMMUNICATING WITH THE COXSWAIN

Instruction:	Performance		(Notes)
	Satisfactory	Unsatisfactory	
Directs coxswain to stay on correct side of river			
Effectively uses voice commands			
Instructs coxswain appropriately and consistently			

5. COMMUNICATING WITH THE CREW ON THE WATER

This section tests the applicant's ability to maneuver the crew without the coxswain's assistance. Proctor should simulate a freighter passing for entrance/positioning/exit of Passing Zone.

Instruction:	Performance		(Notes)
	Satisfactory	Unsatisfactory	
Coxes shell out of boathouse to dock			
Coxes shell off dock			

Spins shell			
Enters Passing Zone (correct direction & angle)			
Makes necessary corrections in Passing Zone			
Exits Passing Zone at appropriate time			
Coxes shell onto dock			
Coxes shell from dock to boathouse			

6. KNOWLEDGE OF THE RIVER

On the ride-long, ask the applicant to identify at least 5 different Passing Zones and at least 5 different landmarks. Record them in the Item column below.

Item	Performance		(Notes)
	Satisfactory	Unsatisfactory	
PZ-1:			
PZ-2:			
PZ-3:			
PZ-4:			
PZ-5:			
LM-1:			
LM-2:			
LM-3:			
LM-4:			

LM-5:			

7. HYPOTHETICAL SCENARIO 1: LARGE POWERED VESSEL (E.G., FREIGHTER)

Present a hypothetical situation calling for the applicant to identify and understand a large vessel's location, if (s)he must seek refuge in a Passing Zone, which Passing Zone to pursue, and what to do if that Passing Zone is not available. Have the applicant explain how the vessel will maneuver, how the water will react (be displaced), and how both the shell and launch will be affected.

Large Vessel Scenario	Performance		(Notes)
	Satisfactory	Unsatisfactory	

8. HYPOTHETICAL SCENARIO 2: SMALLER POWERED VESSEL (E.G. THE HOLIDAY)

Present a hypothetical situation calling for the applicant to identify and understand a smaller vessel's location, if (s)he must seek refuge in a Passing Zone, which Passing Zone to pursue, and what to do if that Passing Zone is not available. Have the applicant explain how the vessel will maneuver, how the water will react (be displaced), and how both the shell and launch will be affected.

Small Vessel Scenario	Performance		(Notes)
	Satisfactory	Unsatisfactory	

9. HYPOTHETICAL SCENARIO 3: MEDICAL EMERGENCY

Present a hypothetical situation in which the applicant is faced with an emergency medical situation, either on or off the water (e.g. hypothermia, heat stroke, cardiac arrest, asthma attack, physical injury).

Description of Medical Emergency	Performance		(Notes)
	Satisfactory	Unsatisfactory	

10. HYPOTHETICAL SCENARIO 4: SHELL EMERGENCY

Present a hypothetical in which the applicant is confronted with a shell emergency (e.g. capsized, broken, sinking, swamped, ejected rower(s)).

Description of Shell Emergency	Performance		(Notes)
	Satisfactory	Unsatisfactory	

11. HYPOTHETICAL SCENARIO 5: LAUNCH/EQUIPMENT FAILURE

Present a hypothetical in which the applicant is confronted with a launch or equipment failure (e.g. loss of radio, dead launch).

Description of Launch or Equipment Failure	Performance		(Notes)
	Satisfactory	Unsatisfactory	

12. HYPOTHETICAL SCENARIO 6: WEATHER EMERGENCY

Present a hypothetical in which the applicant is confronted with a weather emergency (e.g. lightening, thunder, high winds).

Description of Weather Emergency	Performance		(Notes)
	Satisfactory	Unsatisfactory	

13. RECOMMENDATION OF PROCTOR, ADDITIONAL NOTES, AND OBSERVATIONS

COMPLETE IF APPLICANT COMPLETED **TRAINING** SESSION

I personally proctored the Training Session of the On-Water Practical for the above-named applicant.

❑ The applicant **successfully completed** the Training Session to my satisfaction.

❑ The applicant **did not successfully complete** the Training Session to my satisfaction.

Proctor Name: _____

Signature: _____

COMPLETE IF APPLICANT COMPLETED **TESTING** SESSION

I personally proctored the Testing Session of the On-Water Practical for the above-named applicant.

❑ The applicant **successfully completed** the Testing Session to my satisfaction. Based upon my personal knowledge and observation, the applicant has the experience, maturity, judgment, and knowledge necessary to become a CQL-Trainee.

❑ The applicant **did not successfully complete** the Testing Session to my satisfaction.

Proctor Name: _____

Signature: _____

Date: _____ Date: _____