

Head Coaches and Program Heads,

Once again, CRF is undertaking a program to facilitate the development of new coaches for your programs. Following last year's successful pilot program, we are set to hold a round of study sessions to introduce your potential coach trainees to the SaM test, which is the first step in the training program, as follows:

1. Multiple study sessions with current CRF coaches covering the 'must know' aspects of the SaM test, and an overview of the training program (dates listed below)
2. SaM testing
3. CPR certification courses
4. CQL Trainee Learning Days, which cover the basics of managing a crew, time management, gas storage, required launch equipment, radio calls, practical launch driving skills, etc.
5. Organized on-the-water ride alongs

Our goal is to support a steady pipeline of potential coaches to ensure that your crews continue to be led by savvy and safety-conscious coaches. If you know of any promising rowers, coxswains, alumni, or even parents in your programs who are interested in coaching and want to start the process, please respond to this message.

To RSVP for Step 1 - the SaM study sessions, please have any interested candidates send an email to clerowingfoundationcoaching@gmail.com with their planned date of attendance: Sat 3/31; Sun 4/8; or Sat 4/14 from 2-3:30 in the CRF Board Room.

Rebecca Luken
Co-Chair, CRF Coaching