



Cleveland Rowing Foundation Participant Agreement and Swim Test Verification Form

The following agreement is made and entered into by and between the Cleveland Rowing Foundation (CRF) and _____ (participant). I am a member or invited guest of Cleveland Rowing Foundation (CRF) and/or a CRF Affiliated Rowing Organization (ARO) _____ (organization name). I confirm that I am over the age of 18 ____ (initial).

Policies

As a member or invited guest, I agree to be bound by the CRF Safety policies including but not limited to the terms of the CRF Safety Manual and any applicable policies of my ARO. CRF is a USRowing organization. Therefore, I agree to be bound by all USRowing policies and procedures including but not limited to the USRowing SafeSport Abuse Prevention Program and USRowing Safety Guidelines located at <https://usrowing.org/>.

Swim Attestation

Option A: I am a Proficient Swimmer

I hereby certify and affirm that I have the following abilities:

- (1) To swim 50 yards continuously;
- (2) To tread water for 10 minutes unassisted by any flotation device; and
- (3) To don and secure a PFD (Personal Flotation Device) while treading water.

I understand that CRF staff will not verify these abilities through a swim test. By selecting this option, I voluntarily assume all risks associated with my swimming capability and elect to forego wearing a lifejacket while participating in CRF water activities. I accept full responsibility for this decision and any resulting consequences.

Option B: I am not a Proficient Swimmer and Require a PFD

I acknowledge that I am unable to complete the swim requirements listed in Option A. Consequently, I agree to the following: 1. I must wear a Coast Guard-approved PFD at all times while participating in CRF activities on or near the water. 2. If a PFD is unavailable, I will refrain from engaging in any CRF activity on or near the water. 3. I accept sole responsibility for ensuring I am wearing a properly fitted PFD before engaging in any CRF activity on or near the water.

Waiver and Release

I hereby acknowledge that I have read, understood, and executed the USRowing Waiver and Release of Liability. I further agree that all terms, conditions, and releases contained in the USRowing Waiver are hereby incorporated by reference into this Cleveland Rowing Foundation (CRF) Agreement.

By signing below, I voluntarily release, discharge, and covenant not to sue CRF, its directors, officers, employees, and volunteers from any and all liability for personal injury, death, or property damage arising out of my participation in rowing activities. I understand that I am giving up substantial legal rights, including the right to bring a legal action against CRF.

This release is intended to be as broad and inclusive as permitted by law. If any portion of this agreement is held invalid, I agree that the remainder shall continue in full legal force and effect.

Printed Name of Participant: _____ **Date:** _____

Address of Participant: _____ **Phone #:** _____

Date of Birth: _____ **Email:** _____

Signature of Participant: _____